



Open House Event for Senior Life Solutions at Barrett Hospital & HealthCare

Dillon, MT, May 03, 2024 – Barrett Hospital & HealthCare is hosting an open house on May 14 to introduce the community to Senior Life Solutions, a program dedicated to improving the quality of life of older adults experiencing mental health conditions like depression and anxiety. This outpatient program combines group therapy and psychiatry to help individuals typically 65 and older develop coping and communication skills to manage symptoms of mental health disorders.

Open House Details

Date: May 14th

Time: 4:00 PM - 6:00 PM (come and go)

Location: 90 MT Highway 91 South, Dillon, MT 59725

During the open house, guests will have the opportunity to:

- *Tour the Facility:* See firsthand where our compassionate care takes place.
- *Meet the Staff:* Our team of mental health experts will be on hand to answer questions and discuss how we can support you or your loved ones.
- *Learn about Our Services:* Understand the range of services offered, including individual and group therapy, medication management, and ongoing support.
- *Connect with the Community:* Meet others who share similar experiences and learn how Senior Life Solutions can be a part of your or your loved one's journey to better mental health.

"We recognize the importance of addressing the mental health and well-being of our older adult population," said Julia Sugg, MSN, RN, program director of Senior Life Solutions. "This open house is a prime opportunity for individuals and families to learn more about how Senior Life Solutions can make a difference in their lives or the lives of their loved ones. We look forward to welcoming the community to our facility and sharing more about this vital program."

Light refreshments will be served, and all are welcome to attend this free event. Whether you are seeking services for yourself, a family member, or a friend, the open

house will provide valuable information about the resources available through Senior Life Solutions at Barrett Hospital & HealthCare.

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For more information about Senior Life Solutions at Barrett Hospital & HealthCare:

<https://www.barrethospital.org/seniorlifesolutions>

ABOUT SENIOR LIFE SOLUTIONS

Founded in 2003, Senior Life Solutions is managed by Psychiatric Medical Care (PMC), a leading behavioral healthcare management company. PMC manages inpatient behavioral health units, intensive outpatient programs, and telehealth services in more than 35 states. For more information, visit www.psychmc.com/seniorlifesolutions.

ABOUT BARRETT HOSPITAL & HEALTHCARE:

Barrett Hospital & HealthCare is a nationally recognized healthcare institution in Dillon, Montana, committed to providing exceptional patient-centered care across various medical specialties. With a state-of-the-art facility, along with primary care and specialty care clinics, and a dedicated team of medical professionals, Barrett Hospital & HealthCare delivers comprehensive healthcare services to the local community. More information can be found at www.barrethospital.org.